



HOMESICK FREQUENCIES

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MED 404.5

Cenk Bonfil



Theme & Main Idea



- Explores the emotional journey of expatriates from isolation and identity struggles to moments of resilience and connection.
- Captures the lived reality of migration through immersive soundscapes and personal stories, making listeners feel the in-between spaces of cultural displacement.
- Centers on the search for belonging how expats carry pieces of home with them and reshape their identities in a foreign land.





Narrative Format / Storytelling Styles

Sound Narrative

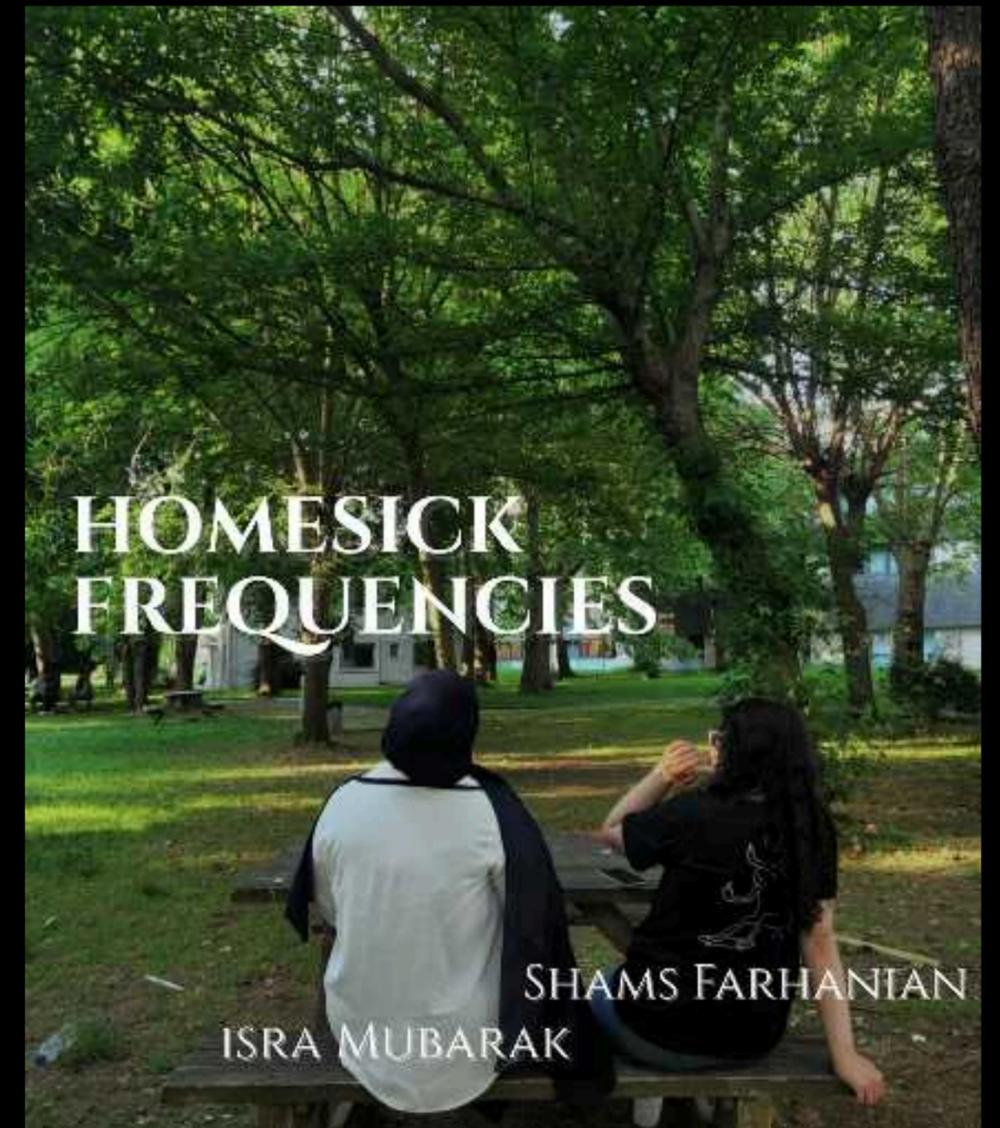


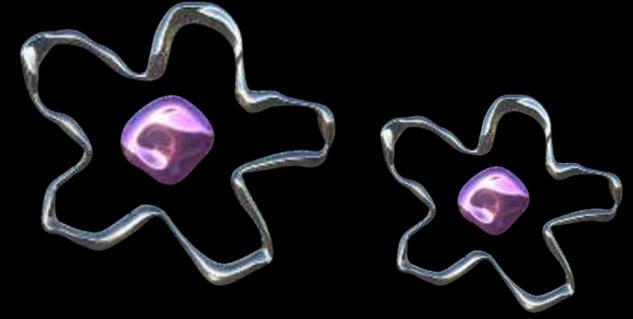
Aims & Objectives

- Highlight the hidden struggles of international life, including isolation and discrimination
- Explore how individuals adapt and find strength through hardship
- Show the personal growth and transformation that emerges from these experiences



Roles & Responsibilities of Group Members





Research Phase & Sources



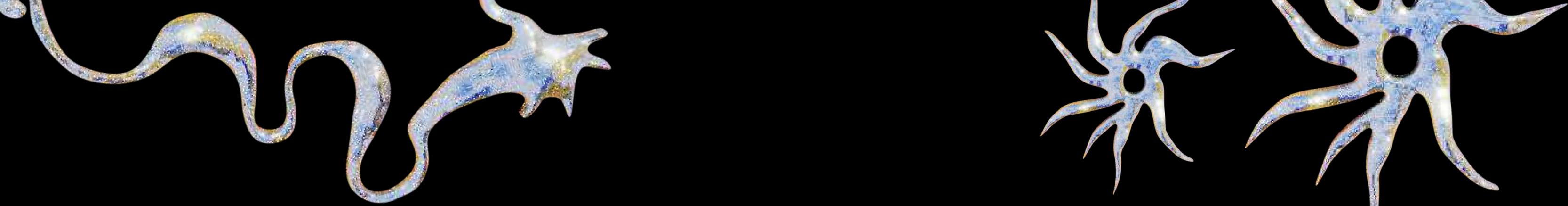
Hello ammi?

Being away from home

Keywords: Migration, belonging, homesick, identity, student mobility, family connection, concept of home.

1. Snouber Yasser (2017), "INTERNATIONAL STUDENTS IN TURKEY: RESEARCH ON PRO EXPERIENCED AND SOCIAL SERVICE REQUIREMENTS" ebSCO

https://openurl.ebsco.com/EPDB%3Agcd%3A8%3A4493144/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A124368952&crl=c&link_origin=scholar.google.com



2. McConatha, Jasmin (2024) Comforting Spaces: What Makes Us Feel at Home in the World?

https://www.psychologytoday.com/us/blog/live-long-and-prosper/202405/comforting-spaces-what-makes-us-feel-at-home-in-the-world?utm_

3. Mwiya, Mimi (2019) Home is not a Place Kalahari Review

<https://kalaharireview.com/home-is-not-a-place-b2ecca03395f>



Sen beni anlıyorsunuz?

Language barrier

Keywords:

Language barrier, living abroad, peer relationships, educational settings, power dynamic, communication, group separation

Attard, M, Cassar, J, 2018, They Forget That I'm There: Migrant Students Traversing Language Barriers at School.

<https://eric.ed.gov/?id=EJ1215648>



Sen beni anlıyorsunuz? Language barrier

Blume, A, Board, O, 2013, Language Barriers

[https://onlinelibrary.wiley.com/doi/abs/10.3982/ECTA9183?](https://onlinelibrary.wiley.com/doi/abs/10.3982/ECTA9183?casa_token=OZp8PuMA4gMAAAAA%3AyMlq8_dNobT3PBwbznk9IHMQ_eKiJaHV38iygDBHjyvs31IG1BOO-XIJWneDKEh6Dp0znEW9sLWkcP17)

[casa_token=OZp8PuMA4gMAAAAA%3AyMlq8_dNobT3PBwbznk9IHMQ_eKiJaHV38iygDBHjyvs31IG1BOO-XIJWneDKEh6Dp0znEW9sLWkcP17](https://onlinelibrary.wiley.com/doi/abs/10.3982/ECTA9183?casa_token=OZp8PuMA4gMAAAAA%3AyMlq8_dNobT3PBwbznk9IHMQ_eKiJaHV38iygDBHjyvs31IG1BOO-XIJWneDKEh6Dp0znEW9sLWkcP17)

Moghaddam, J. M, Wang, J, 2011, Impacts of Language Barriers on Students' Openness to Diversity Attitude.

<https://citeseerx.ist.psu.edu/document?repid=rep1&type=pdf&doi=0bbbe1d8e8ecf9df32af3878438b2e9d606ae740>



Sen beni anlıyormusun?

Language barrier

Medved, D, Xiang, G, 2013, Challenges in teaching international students: group separation, language barriers and culture differences.

<https://portal.research.lu.se/en/publications/challenges-in-teaching-international-students-group-separation-la>

Blume, A, Board, O, 2013, Language Barriers,

<https://citeseerx.ist.psu.edu/document?repid=rep1&type=pdf&doi=8dca7e60249ffce1bd5367f3826dddf7b052c06>



No Signal

Isolation



Keywords:

Isolation, international students in Turkey, social exclusion, loneliness, cultural adjustment

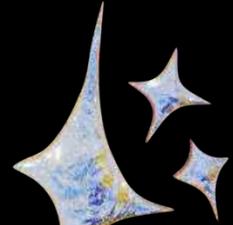
Ennis, L, 2013, Lived Loneliness Among International Students: An Existential-Phenomenological Analysis.

<https://www.proquest.com/docview/1476207329?pq-origsite=gscholar&fromopenview=true&sourcetype=Dissertations%20&%20Theses>





No Signal Isolation



Polat, M, Arslan, K, Kilinc, A, 2020, Phenomenological Study of Lived Experiences of International Students in Turkey.

<https://www.ojed.org/jis/article/view/1190/1161>

Wiseman, H, 2011, Far Away from Home: The Loneliness Experience of Overseas Students.

<https://guilfordjournals.com/doi/abs/10.1521/jscp.1997.16.3.277?journalCode=jscp>





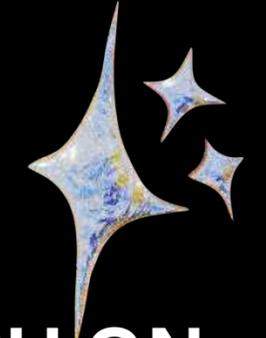
N-nerrelilisiniz

Discrimination

Keywords: xenophobia against international student, racism, common place microaggression, institutional racism, racial inequity

1. Barış Eriçok, Duran Mavi (2024) Xenophobia Perceptions of Turkish University Students: An Investigation According to Various Variables dergipark

<https://dergipark.org.tr/tr/download/article-file/3409534>



2. Snouber Yasser (2017), “INTERNATIONAL STUDENTS IN TURKEY: RESEARCH ON PROBLEMS EXPERIENCED AND SOCIAL SERVICE REQUIREMENTS” researchgate

https://openurl.ebsco.com/EPDB%3Agcd%3A8%3A4493144/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A124368952&crl=c&link_origin=scholar.google.com

3. Gökçe Asiye (2013) University students' perception of discrimination on campus in Turkey

<https://www.researchgate.net/publication/317749516> INTERNATIONAL STUDENTS IN TURKEY RESEARCH ON PROBLEMS EXPERIENCED AND SOCIAL SERVICE REQUIREMENTS





Ap Pakistan se hain?

Finding your own people

Keywords: expat community, cultural familiarity, community building, shared identity, shared sentiments.

1. Mrekajova, E. (2017). Friendship networks of international students attending long-term programs in Turkey: Implications and a need for intervention

<https://dergipark.org.tr/tr/download/article-file/465507>

2. Pinarbasi Gokhan 2023 International Students' Sociocultural Adaptation Experiences: Their Perceived Stress and Coping Strategies

<https://asrjournal.org/files/asrjournal/910c7a5d-b67b-48a5-9f1a-6fcfa4966729.pdf>



Odd One Out



Reverse culture shock

Keywords:

Reverse culture shock, international students, identity, studying abroad, psychological challenges, cultural exchange

Welsh, A, 2015, LONG TERM EFFECTS OF REVERSE CULTURE SHOCK IN STUDY ABROAD ,

<https://www.proquest.com/docview/1738989651?pq-origsite=gscholar&fromopenview=true&sourcetype=Dissertations%20&%20Theses>





Odd One Out ✨

Reverse culture shock

Jacobsson, E, 2023, Reverse Culture Shock: An Insight Into Returning Student Sojourners at Malmö University and Their Experience Of reverse Culture Shock.

<https://www.diva-portal.org/smash/record.jsf?pid=diva2%3A1799687&dswid=4971>

Simpson, D, 2015, Expatriates facing culture shock and reverse culture shock.

<https://ejournals.eu/en/journal/ibase/article/expatriates-facing-culture-shock-and-reverse-culture-shock>

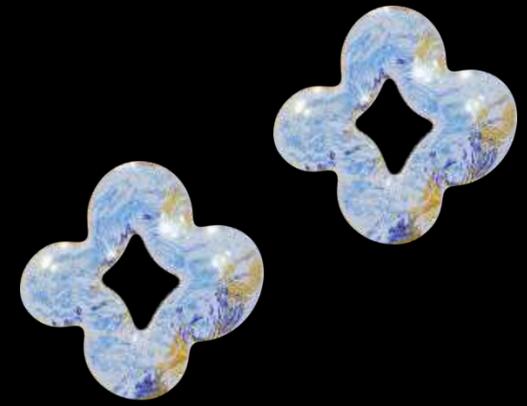
El-Asri, S, 2024, Dealing with Reverse Culture Shock after Cultural Exchange: Contributing Factors and Coping Strategies.

[https://www.researchgate.net/profile/Samira-El-](https://www.researchgate.net/profile/Samira-El-Asri/publication/379332370_Dealing_with_Reverse_Culture_Shock_after_Cultural_Exchange_Contributing_Factors_and_Coping_Strategies/links/66047a64390c214cfd14fb29/Dealing-with-Reverse-Culture-Shock-after-Cultural-Exchange-Contributing-Factors-and-Coping-Strategies.pdf?cf_chl_tk=8mC5NIkQpSj7Sse4QT7xU0ztG.trn4IPeTY0LIRJFrg-1746032176-1.0.1.1-fiu3UzkhI3KzYIDj5rTlmi.zGyZqiKd9rqh_0Ex_PMM)

[Asri/publication/379332370_Dealing_with_Reverse_Culture_Shock_after_Cultural_Exchange_Contributing_Factors_and_Coping_Strategies/links/66047a64390c214cfd14fb29/Dealing-with-Reverse-Culture-Shock-after-Cultural-Exchange-Contributing-Factors-and-Coping-Strategies.pdf?cf_chl_tk=8mC5NIkQpSj7Sse4QT7xU0ztG.trn4IPeTY0LIRJFrg-1746032176-1.0.1.1-fiu3UzkhI3KzYIDj5rTlmi.zGyZqiKd9rqh_0Ex_PMM](https://www.researchgate.net/profile/Samira-El-Asri/publication/379332370_Dealing_with_Reverse_Culture_Shock_after_Cultural_Exchange_Contributing_Factors_and_Coping_Strategies/links/66047a64390c214cfd14fb29/Dealing-with-Reverse-Culture-Shock-after-Cultural-Exchange-Contributing-Factors-and-Coping-Strategies.pdf?cf_chl_tk=8mC5NIkQpSj7Sse4QT7xU0ztG.trn4IPeTY0LIRJFrg-1746032176-1.0.1.1-fiu3UzkhI3KzYIDj5rTlmi.zGyZqiKd9rqh_0Ex_PMM)



Self Assessment



• Strengths

- Relevant and Timely: Explores issues faced by expatriates, making it relatable for a global audience.
- the episodes were able to convey real emotions
- Emotional Resonance: Touches on universal feelings like homesickness, belonging, and cultural identity.
- Diverse Perspectives: Includes multiple voices and lived experiences, adding depth and authenticity.

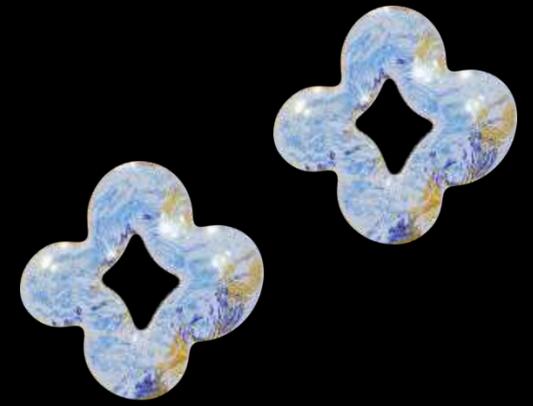
• Weaknesses

- lack of advance sound design skills
- bringing sounds the life
- copyright issues





Self Assessment



- **opportunities**

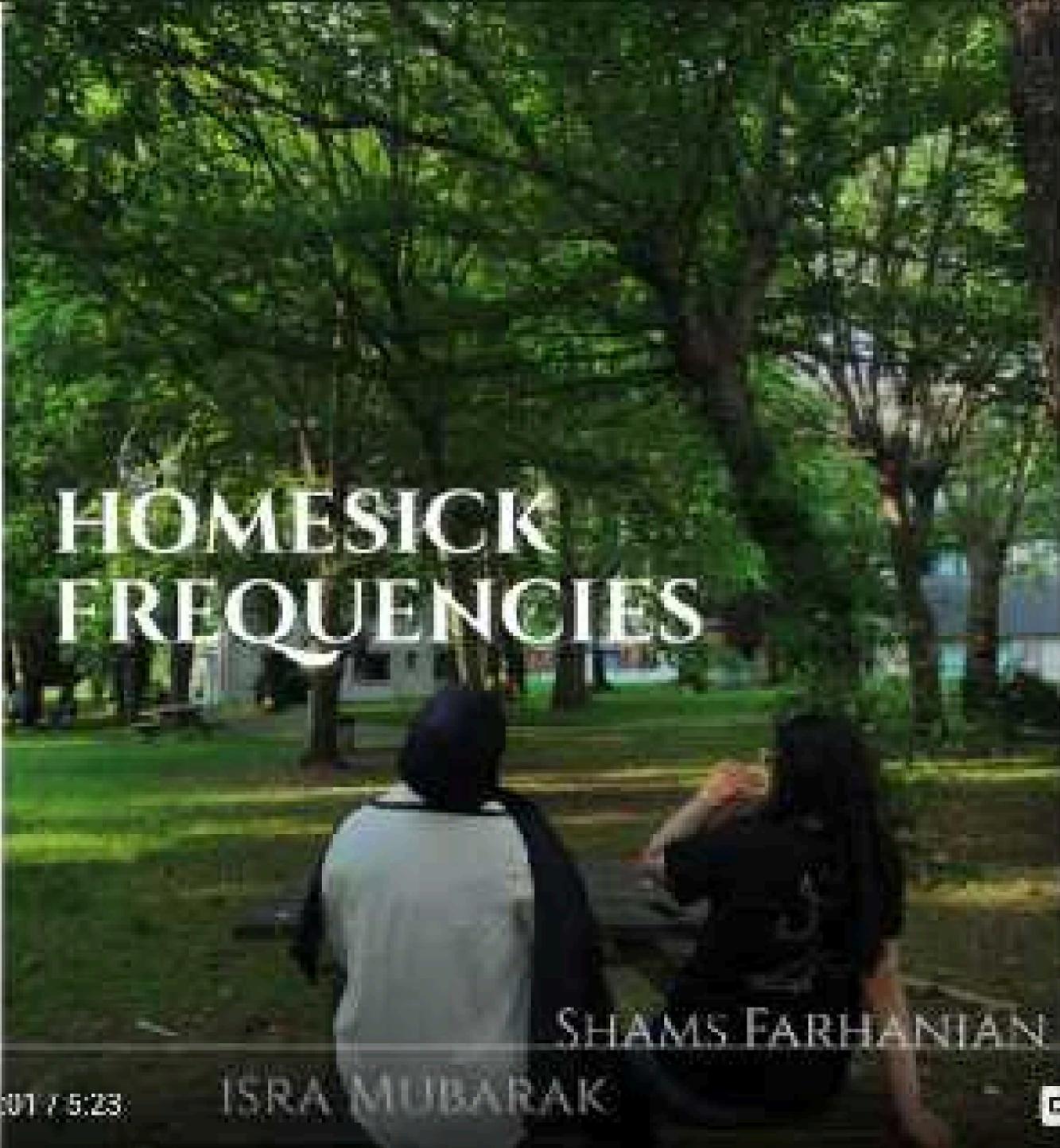
- working for the first time on a sound project
- creating an album with our personal story
- Improved story telling skills
- Learnt how to work with sound

- **Further**

Suggestions

- improve our sound editing capabilities





Play (k)

Video player controls including play/pause, volume, progress (0:01 / 5:23), and channel name ISRA MUBARAK.

Homesick Frequencies

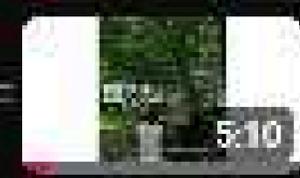
Unlisted ISRA MUBARAK 7/6



Hello Ammi (Isra)
ISRA MUBARAK 5:24



sen beni anliyor musun (shams)
ISRA MUBARAK 4:34



no signal (shams)
ISRA MUBARAK 5:10



N n emelisiniz (Isra)
ISRA MUBARAK 5:09



Ap Pakistan se hain (Isra)
ISRA MUBARAK 4:01



odd one out (shams)
ISRA MUBARAK 5:53



Project Links



<https://www.youtube.com/playlist?list=PLle2kI1NrClvpm4GygLYJs8XKIswq3y1n>

